



Schroeder YMCA Swim Team

1. Ready, Set....Go! Swim Team is starting up next week for Groups 1 & 2, and then we begin regular training the week of 9/14. Please review Jessica's note below for Group 1 & 2. For Groups 3 - 6, follow the maintenance practice schedule posted on the site under the Practice Schedule tab until Tuesday, September 15.
2. New Schroeder alumni are getting settled at their respective institutions - updates will be coming soon so please stay tuned
3. Think about programs for the fall and please help us find new young swimmers and divers or water exercise participants or masters or triathletes. We have great programs available and your help finding new interested families is really appreciated. Most programs will begin the week of 9/14.
4. Meet Schedule and Practice Schedules have been updated - take a look but much remains the same from years past.
5. It's okay to put a lock on a locker now. Cleaned out contents of lockers is bagged and in the closet to the south of the office.

August, 2009

Dear Group 1 and 2 Families,

I hope everyone has had a great break so far! The Fall/Winter/Spring Season will begin shortly here at the WSAC. Here are a couple of things that you will need to know as we get started.

Orientation Days in September: There will be two orientation days on Wednesday and Thursday September 9th and 10th from 4:30-5:45 pm. Both new and old Group 1 and 2 swimmers are encouraged to come and prepare themselves for the upcoming season with drill and other skill work. There will be parent meetings following each of the practices that will last from 5:45 until about 6:30 depending on the number of questions and length of discussion.

Fall/Winter Season Start: The official Fall/Winter practice schedule will resume the week of September 14th. The practice schedule is now available online and is the same as last year, with a Dry Land training session still on the same day/time for Group 2.

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Walter Schroeder Aquatic Center



Meet Schedule: The meet schedule is also available online, so you can plan ahead on which ones you would like to attend. Meet entry procedures will be the same as they have been in the past, with the parent and swimmers choosing their events and then filling out the form online. As always, if you have questions on which meets to attend or what events to swim, please don't hesitate to ask one of the Group 1 or 2 coaches! Here is a listing of those, and who will be eligible to swim in them, up until January 2010.

1. October 11 – Pentathlon Meet; All Welcome
2. November 8th – Pabst Farms; All Welcome
3. November 16th – Y-Invite; All Welcome
4. November 21-23rd – WGLO; Time Standards – however, there are no cuts for 50s. Talk with the coaches to see if this is an appropriate meet.
5. December 12-14th – Y-Finalist; All Welcome because Schroeder is hosting the meet.

Volunteering for Meets: As usual, there will be volunteer requirements for families during the meets that the WSAC hosts. I will have a form for everyone to review and sign soon. The requirements will be similar to last year.

New Member Sign-Up Incentive: With Country Club clinics over, you may know of many families that are interested in swimming year round. We want to encourage you to direct these families to our Orientation Days in September where they can meet the coaches, and see what swimming at Schroeder is all about. If these families proceed with joining the swim team, we would be happy to offer you either a \$50 credit towards your escrow account, or \$50 off your next month swim team payment. Thank you for all that you do already, and for spreading the word about our team!

Please feel free to contact me if you have any questions. We are excited to see everyone soon!

Sincerely,

Jessica Connors
Head Coach Group 1 and 2